

190 YEARS

Giving new life to youth, adults and families

2023-2024

Annual Report

Celebrating our 190th Anniversary







Greetings Dear Friends,

As we reflect on a remarkable milestone anniversary year of 190 years, we want to thank our Board of Directors, team members, donors, community partners, elected officials and volunteers for their support and dedication to Vanderheyden in 2023-2024.

It was a year to celebrate with our community as we continue to serve more than 700 youth, families and adults in the Capital Region in education, residential and community programs.

We have built a culture where our mission and values are our passions 24 hours a day, 365 days a year. History is the witness that proves in the passing of time since 1833...that Vanderheyden believes deeply in changing lives to save lives.

We invite you follow us on social media and to take a few minutes to review our 2023-2024 annual report.



Laura DillonChair of the Board



Karen M. Carpenter
President & CEO



OUR LEADERSHIP



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Celebrating 190 years!

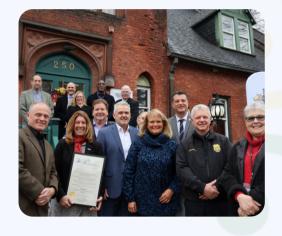


Sanctuary Fall Festival October 19th, 2023

Vanderheyden kicked off its 190th anniversary with a Community Fall Festival at the Troy Atrium! The Fall Festival was completely free to all attendees to give back to give back to the community who has given so much to us for the past 190 years.



Press Conference April 3rd, 2024



Vanderheyden held a press conference at our historic Bessey House, the last standing building from The Troy Orphan Asylum's original compound. The house is still being used today and houses 10 residents. We were joined by several area dignitaries.

Royal Blue Gala April 20th, 2024

Our 190th Anniversary Royal Blue Gala brought in nearly \$80,0000 in sponsorships and donations to support our post foster care housing and job training initiatives. It truly was a sea of blue as guests came to celebrate this incredible milestone. We stayed true to our roots by celebrating in Downtown Troy at Loft 433, enjoying music by the New York Players, ending the festivities with a beautiful sunset over Troy.









Please provide HOPE for those who need it the most.

Their future is in your hands.



The Troy Orphan Asylum's original compound on Spring Avenue in Troy, NY



At Vanderheyden, we see potential where others see obstacles. With various programs meeting the needs of both at-risk youth and adults with developmental disabilities, Vanderheyden recognizes that independence and job training is key to a successful future. With your help, Vanderheyden can provide after care, housing and job training so these individuals can live independently and successfully.

For only \$18.33 a month.
You can make a difference!

SCAN & SUSTAIN





Vanderheyden's roots began in 1833 as The Troy Orphan Asylum. As we celebrate the past 190 years of changing lives to save lives, we look towards the future of Vanderheyden. Since 1833, our focus remains to providing a successful future for those in our care.

To do this... We need your help!

Help us create a world where all have an opportunity to thrive.



Who we are...

Vanderheyden is recognized as one of the premier children, adult and family service agencies in the Capital Region of New York.

For 190 years, we have been providing services to youth and adults who:

- Have been abused, neglected or abandoned
- Have emotional and behavioral challenges
- Have developmental disabilities
- Are caring for a special needs child or individual at home

Services we provide

Vanderheyden offers a wide range of programs and services to youth, adults and families through educational, residential and community-based programs throughout the Capital Region.

Education

Our fully accredited Richard A. Desrochers Educational Center offers 7-12 grade programing for 104 students that live on our campus, in group homes, or day students that live in the surrounding communities.



Students can earn a Regents, a Local, and/or a Career Development and Occupational Studies Commencement Certificate (CDOS). Students with multiple disabilities may earn a Skills and Achievement Commencement Credential (SACC) in an intensively staffed learning environment, while acquiring vocational and job skills with an onsite job coach and transition coordinator. A varied intensity of classroom settings is available to meet the many needs of all students. Vocational and job coach trainings are offered to enhance the growth and potential for students once they leave the program.

This year, employment opportunities and preparation have become part of our standard curriculum. Year round, students attend job sites such as The Vandy Thrift Shoppe, work in Maintenance, the school kitchen, and participate in The Cookie Jar, a Vanderheyden baking program.

Increased work-based learning activities yielded \$27,944 over 6587 hours earned by students! This year Vanderheyden partnered with Sylvan Learning to provide private tutoring 1:1 3 days/week to address critical math and literacy needs.

The focus of OCFS services for 2024-2025

This year, Vanderheyden's Office for Children & Family Services (OCFS) programs will continue to focus on education, life skills, community integration and employment. Our newly developed connection to Hoffman's Car Wash is an exciting opportunity for growth in our job training. Hoffman's invited Vanderheyden students on site to learn the ins and outs of car detailing and to replicate it in our own Career Center.

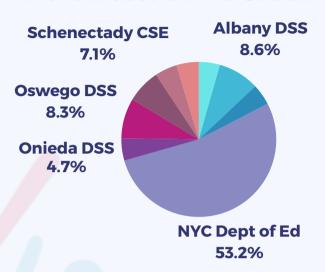
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Residential Youth Program (RTC)

The Residential Treatment Center (RTC)
Youth are referred to Vanderheyden for Residential
Treatment through various sources: school districts, courts,
county agencies, and families. The RTC consists of seven
cottages in a home- like setting for youth ages 12 - 21. One
cottage serves as a Diagnostic Respite Center that provides
up to a 90-day assessment for youth.

In 2023-2024, the RTC had 1019 Referrals to all the OCFS and Day Programs. Vanderheyden services 30 counties of New York State. The highest referrals to the RTC came from the NYC Department of Education, followed by Oneida DSS*, Kingston CSE, Schenectady CSE*, Oswego DSS and Albany DSS & CSE. Vanderheyden provides 6 months of aftercare for DSS placed youth. In 2022 - 2023, The RTC had 34 admissions and 29 discharges.

Referrals: OFCS & SED



*Department of Social Services *Committee of Special Education

Vanderheyden receives Sanctuary & CARF recertification

The Seven Sanctuary Commitments are a set of values that Sanctuary outlines as a way to lead individuals and organizations away from trauma-reactive behaviors.

Nonviolence
Emotional Intelligence
Social Learning
Democracy
Open Communication
Social Responsibility
Commitment to Growth and Change

Vanderheyden has a well-deserved reputation for the provision of quality services. Referral sources express a high degree of satisfaction with the services, which are described as timely, efficient, and responsive to the needs of the individuals and the personnel are caring. The organization is also recognized and complimented for how services were maintained and adjusted, where needed, during the COVID-19 pandemic, so the individuals continued to receive the care they needed.



Program Spotlight: CFTSS

Vanderheyden is a designated Children and Family Treatment and Support Services (CFTSS) Provider. CFTSS provides free behavioral health services covered by New York state Medicaid and help with mental health and substance use needs. The program gives children/youth (21 years of age and under) and their families the power to improve their health, well-being and quality of life. The services are provided at home or in the community to strengthen families and help them make informed decisions about their care.

200+

Children & Families served each day

11

150+

Counties in New York State Served

1

On waiting list to receive Services

In 2023 - 2024, The New York State Office of Court Administration's Division of Professional and Court Services has awarded Vanderheyden a grant in the amount of \$346,141 to provide Enhanced Parenting Time Services (EPTS) to the Rensselaer County Family Treatment Court.



Community Living

Vanderheyden provides several community-based unique experiences and supports.

Supervised Independent Living Program (SILP)

SILP is for individuals who are in foster care and are working towards an independent living goal. All SILP individuals attend college, a vocational program, or have jobs in the community. This year, we are thrilled to report 3 individuals are enrolled in college. 1 at HVCC, 1 at UAlbany and 1 at Siena. 1 individual graduated and works in her field as a CNA. 1 individual is employed, and all have found success in SILP!

This year, residents of the Bessey House were chosen by OCFS to participate in an Equine Therapy Program. Each resident (and has made a connection to one of the horses) is part of weekly cleaning and brushing.

The focus of OPWDD services for 2024-2025

The focus of OPWDD during the 2024-2025 year will be to prepare individuals that are seeking permanent adult placement and day services who are aging out of services for life after those services are no longer available. We will continue to focus our program growth efforts in increasing our employment services through supportive employment job coaching and pre-vocational opportunities.

Individual Residential Alternative Homes (IRA)

There are 6 Supervised IRAs which provide services to 37 adults with developmental disabilities daily. These programs provide support to individuals 24 hours a day 7 days a week, 365 days a year. Individuals are also encouraged to participate in recreational opportunities offered in the program, make community connections and further develop their independence. The supervised IRA program has assisted 35% of individuals in mastering their personal goals while 51% are making continued progress towards mastery.

Community Services Supportive Apartment Program (CSIRA)

This program provides apartments in Troy and Glens Falls where adults, and their families receive the level of support they need to continue to thrive. Services include assistance with activities of daily life, socialization activities, grocery/menu planning, meal preparation, recreational opportunities, apartment maintenance and nursing services. The supportive apartment program increased their census to 15 in 2024. Each individual works on personal goals to obtain a higher level of independence. In 2023-2024 the program successfully supported individuals to reach 43% mastery in their personal goals.

Individualized Supports and Services (ISS)

ISS is a residential program that supports and assists individuals who are capable of living independently with minimal assistance. ISS ensures individuals can live independently by providing funds to pay for housing costs and opportunities for self-direction and independence.

Bessey

Bessey is a co-ed residence with enhanced staffing for individuals in foster care. A clinical team works in-house weekly to ensure the best level of care for the individuals.

Rubin

Rubin is a male residence for ages 12-21 in foster care. The focus of the program is for the individuals to gain life skills. Life skills groups occur with a full-time Life Skills Specialist to provide the best opportunities for growth and independence.



Xiao Wen's Story

Xiao Wen arrived to Vanderheyden in need of a place to call home. Adopted from China and brought to the United States, he later was re-placed in foster care as a teenager. Xiao is now enrolled in the SILP program and is working full time in Vanderheyden's school Kitchen. Since getting his driver's license this past year, Xiao Wen hopes to continue expand his horizons and save up for his own apartment.

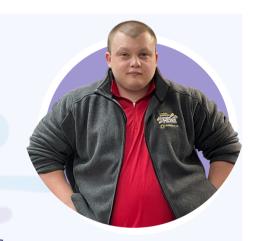


66 "I am grateful for the opportunity to work in the school kitchen. It gives me purpose, gave me job experience and direction.

Employment Services

Community Pre-Vocational Services

Community Pre-Vocational Services continues to provide services to 5 individuals looking to develop their work skills to gain competitive employment. Individuals work on learning employable skills through exploring various employment opportunities in the local community. In 2024, the community pre-voc program increased services to 3 days a week. Additionally, another volunteer site to learn job skills was added. Individuals now rotate between 3 different locations working on various job skills.





To meet the growing need of individuals feeling connected to their community, Vanderheyden hired a Community Integration Specialist in November 2023!

In the fall of 2023, we started our **Community Integration program**. This program has provided **40** different recreational activities. Activities include attending the local theatres, sporting games, historical sites, lake trips, local festivals, farms, movie nights and ice cream socials. These events host anywhere from 5 to 20 participants and have been successful in providing normative community relationships to the individuals we serve.

Health Home Care Management

Health Home Care Management Services for Children and Youth

A community-based Care Manager ensures all of a child's caregivers and providers communicate so that social, physical, and behavioral needs are addressed in a comprehensive manner. The program started in January of 2020 with 92 clients and has continued to increase their census. As of June 2024, the program serviced 152 children and families. Vanderheyden recently expanded the program to Hudson, New York.

Habilitation

Vanderheyden offers a range of care for individuals with intellectual/development disabilities. Habilitation programs promote building skills in the areas of sustaining relationships, community inclusion, self-advocacy and overall greater independence. There are two opportunities for Day Habilitation – one is with walls, the other is without walls. Both provide community-based volunteer and recreational experiences that build skills and develop competencies.

Day Habilitation Programs

The day habilitation programs maintain a census of approximately 24 individuals served daily. This program gives back to its local community through various volunteer efforts. Individuals volunteer at local food pantries, churches and animal shelters, as well as delivering meals to those in need. The day program also offers a variety of exploration and experience opportunities through day trips to various amusement parks, museums and landmarks. On some days you may find an individual participating in music therapy or developing their artistic skills through crafts or story writing. Each individual attending the program have personal goals they wish to achieve in various areas such as community safety, self-advocacy, behavioral management, and positive health outcomes. Staff work with individuals to help achieve these goals throughout the year. The day habilitation programs have a 39% mastery of individuals are achieving personal goals.

Residential Community Habilitation Program

This program provides support to adults throughout the Capital Region living in an Office for People with Developmental Disabilities (OPWDD) residence. This program supports the individual to achieve desired outcomes related to integration, socialization and productivity.

Staff assist the individuals to practice and improve skills needed to live safely and more independently. They work towards personal goals and take part in several community volunteer opportunities.

66

I have worked in Human Services for 30 years. Working with the individuals in our Day Habilitation Program is where I found my niche. Giving our individuals an opportunity to work in the community, improving their social engagement skills and cohesiveness to cope in difficult settings has been essential to their success.



Felicia Lloyd

Lead Community

Day Habilitation Counselor

In 2024, Community Habilitation Staff successfully worked with an individual to accomplish his personal goal of moving into his own apartment. The staff supported the individual in moving into a new apartment, getting his GED, starting college and obtaining a job working with wheelchairs for individuals who are wheelchair bound like him.

XY's Story



Can you tell us a little about yourself?

"Growing up, I struggled with mental health problems and behavioral problems. Without help, those things do not get better on your own. Once I matured and got older, I realized I wanted a better life for myself. I had to address the anger and started to take my life back. Change was a must, and when I did, I felt like I was given a second chance in life. I no longer wanted what was bringing me down the wrong path."

What brought you to Vanderheyden?

"I was interested in their SILP program. Through the program, I was able to get an apartment and assistance with college. I had a lot of goals, but not a lot of support. Vanderheyden gave me the support I needed to start the journey."

What would you tell someone coming to Vanderheyden for the first time?

"Use your resources! Vanderheyden has a lot of opportunities for assistance, but you have to be willing to make changes. As long as you are willing to give it your best try, staff continue to support you. My staff at Vanderheyden have always motivated me and supported me to stick by all of my goals."

What do you like to do in your free time?

"I love to play video games and hang out with my friends. Spending time with my brother is probably my favorite thing. I just like to be with my friends!"

Can you tell us a little about what you are doing for college?

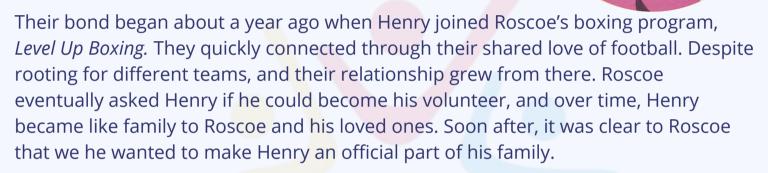
"I am currently enrolled in college for welding and fabrication. I graduate next year in May! I also recently started my own wood working business."

What would you like people to know about you or remember you by?

"I have come a long way and had to overcome a lot of obstacles. With Vanderheyden, I have become successful. I hope people know from hearing my story that it is okay to ask for help."

Henry & Roscoe's Story

Henry and Roscoe share a strong connection, built through their time together at Vanderheyden, where Roscoe has worked for nine years in various roles. Currently, he is the Community Services Administrator on Duty (AOD) Coordinator and Per Diem Direct Support Professional (DSP) Manager, overseeing the AOD team and community services support.



Henry is excited about his future, especially having a family, getting his driver's license, going to college, and playing sports like basketball and football. He loves making people laugh and hopes others see him as funny, kind, and friendly. He attributes much of his success to Vanderheyden in helping manage his emotions, providing him with tools to cope with his anger.

Roscoe believes Vanderheyden changes lives, including his own, and highlights how *Level Up Boxing* teaches discipline, focus, hard work, and has created a community of committed individuals.

Roscoe encourages people to consider fostering or adopting youth. He shares that it has been one of the most rewarding experiences for his family.

"Sometimes it's hard and it's not always fun because staff push you to focus on yourself and become a better person, but it is worth it all in the end."



The Vandy Thrift Shoppe

Two years of success in Downtown Albany

Updated Hours:

Wednesday & Friday 11am - 2pm Thursday 11am - 6pm

*Saturday & Sunday 11am - 3pm 412 Broadway, Albany NY 12207

Connect!



@thevandythrift



The Vandy Thrift Shoppe

Job Skills Program - for all ages & skill levels

The Vandy Thrift Shoppe is attended by multiple programs across the agency on a weekly basis.

The pre-vocational program has 10 individuals attending each week.

Vanderheyden's school sends different students each semester to the Thrift Shoppe.

Vanderheyden individuals are part of the entire business process.

They receive the donations, process and sort them, stock the store and work the cash register.

Guest Cashiers

In April, Vanderheyden's President and CEO Karen M. Carpenter teamed up with local nonprofit CEOs in celebration of the second anniversary at The Vandy Thrift Shoppe. Each CEO guest cashiered alongside the individuals we serve and assisted with store operations.







Community Giving

The Career Center

The Cookie Jar is an extension of Vanderheyden's Career Center at our Special Education School. This year, The Career Center was granted \$25,000 from Assemblymember Pat Fahy to supply the program with all its essentials. In addition, The Cookie Jar school kitchen received a much-needed face lift after receiving a \$12,000 grant from the J.M McDonald Foundation.



SUBARU 800 SUBARU

Subaru of Troy

Thank you so very much to Paul and his team at Subaru of Troy for presenting Vanderheyden with a \$25,000 check from Subaru's "Share the Love" program. This is the fourth year Vanderheyden has been chosen as Subaru of Troy's hometown charity, and we are unbelievably grateful for their continued support.

Stewart's Holiday Match Program

A very special thank you to Dave and his team at Stewart's Shops in Wynantskill, NY for their generous donation of \$5,500 for Vanderheyden's Holiday Program!



Community, Partners Donors and Volunteers July 1, 2023 - June 30, 2024

Albany & Troy Lions Club
Alexis Diner
American Clothing Recycling
Raimundo Archibold
Douglass & Janet Bailey
Baker Public Relations
Paulette Baniak
Monice Barbero
Michael Barrett
Caitlin Beatty

Couch White Law Firm
Kevin Connally
BJ Costello
Jillian Cotchen
Crisafulli Brothers
Harrington Crissey
Michael Cronin
Emma Cummins
Dawn Curley
Andrea Davis

John Ferlazzo
Ferra Automotive, Inc
Cindy Ferra
Joan Fitch
FJC Foundation
Legrand Fowler
Lisa Freedman
Beverly Freemontle
Beth Fronczek
William P. George

Janitronics
Kasselman Electric
Mary Jean Keegan
John Keimer
KeyBank
Jennifer Khouri
Edward Kinley
William Koester
Brandy Lawrence
Miki LePage

Sharon Beaudoin
The Bender Family Foundation
Caitlan Blydenburgh
Wendy Bopp
John Boyd
Maryann R. Brennan
Laura Brigada
Broadview Federal Credit Union
Deirdre Brodie

Christian Davis
Nancy Davis
DCM Associates
Deborah Demers
Cynthia Dennin
Patricia DeVito
Laura Dillon
E. Stewart Jones Hacker Murphy

Eileen Cahilll

Jane Eckert Sarra Elhosh

Michael Ginsberg

Lisa Giordano
Alita Giuda
Danielle Gorka
Graypoint LLC
Christopher & Shirley Greagan
Gretchen Meyer Financial
Hannaford
The Hanley Family
Pamela Hayner

Loudonville Presbyterian
Craig Love
Jill Sandhaas Lurie
M&T Charitable Foundation
Jennifer Regan
Renaissance Corporation of Albany
Repeat Business Systems
Randy Rivet
Kathleen Rocco

Paul Macielak

James Campbell
Mary Beth Carman
Karen M. Carpenter
Salvatore Castiglione
Richard Cayne
CDPHP
CentiMark
Christine Childrose
Joseph M. Clement
Colonie Women's Club

David & Candice Ellis
Enterprise
Carol J. Eustace
Evangelical Lutheran Church
James Faranda
John Farley
Stephanie Farone
Debra Favro
David Fazioli
Lorraine Ferguson

Hill & Markes
John & Patricia Hinkle
Denise Horan
Dianne Hosterman
Liya Huang
Patrick Hughes
Robert Hunn
Noreen Iacobucci
J.M. McDonald Foundation
Matthew Jachym

Linda Madsen
Diana Manfred
Linda Mappes
Theresa Marangas
Patricia Marra
Chris Maier
Carole Maso
Jennifer Massey
George McAvoy
Barbara McCarthy

Community Partners, Donors and Volunteers July 1, 2023 - June 30, 2024

John McDonald James McGuirk Tracy Metzger Gretchen Meyer Rose Miller MMB+CO

Charles W. Monson John Morley Bridget Murray Melinda Myers-Kellegher

Price Chopper
Project Media Group
Providence Fellowship
Maura Psoinos
Anne Putnam
Catherine Regan

Keith Rogers Monica Rubino Daniel Rubinstein Patricia Rumpelt

Amanda Susser
Tangora Heating and Cooling
John Tauriello
The Community Foundation
The Junior League of Troy
The Ladies Philoptochos
The Robison Family
The Troy Savings Bank

Thomas Pest Services

Paul Tonko

NBT Bank

New Scotland Development NY Insurance Association

Allison Newman
NFP Corporate Services

David Nocenti Donna O'Connell Kathleen Odabashian

One Digital Norris Pearson

Ja<mark>cqu</mark>eline Ruso Patric<mark>k</mark> Russo Mary Frances Sabo

Anne Saile

Saratoga Preforming Arts Center

Schwab Charitable
Scott & Krista St. George

Suzanne Sennett John Shakley Darius Shaninfar

UKG Inc April Ulrich

Upstate Home Bu<mark>yers LLC</mark> Bonnie Vanden<mark>b</mark>urgh Vanguard C<mark>har</mark>itable

Verizon

Virtuous Living LLC Ioella Viscusi

Voorheesville Rod And Gun Club

Matthew Perrotte Elaine Phelan William Phelan Ellen Pierce Pioneer

Pittstown United Methodist Pledgeling Foundation

Joanne Porter Eric Pratt

Prestige Services Inc.

William Shannon Robert Simons, Jr Bethany Smith Carol Stallmer

Elizabeth O. Staubach Steve McKee Foundation

Robert Stewart Stewart's Shops James Stone Subaru Of Troy

Beth Walsh Brian Warren

Whiteman Osterman & Hanna LLP

Jenny Wiegert Paul Winston WMHT

Cathy Yudzevich

YWCA Of the Greater Capital Region

Thank you for your continued support!

A special thank you to all our donors who contributed in-kind.

FINANCIALS

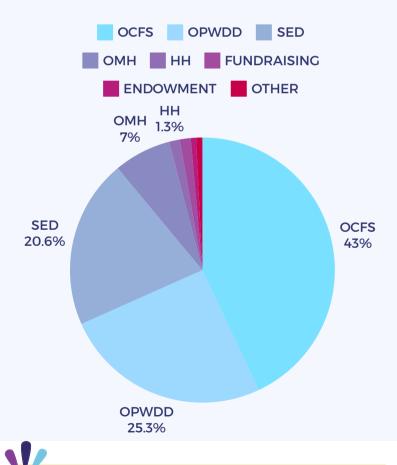
Net Income/(Loss) From Operations* For Year Ending June 30, 2024



*Results of operations pending 2023 - 2024 audit.

Revenue by Program

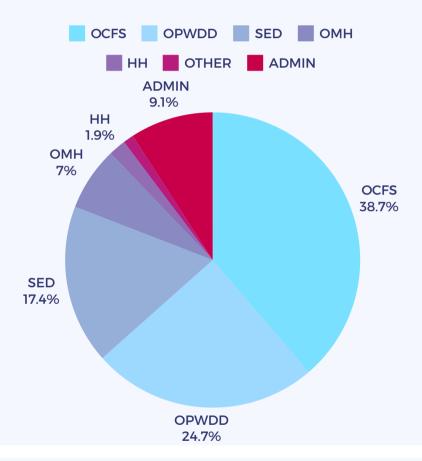
NYS Office of Children & Family Services (OCFS)	\$13,101,250
NYS Office of People with Developmental Disabilities (OPWDD)	\$7,718,138
NYS Education Department (SED)	\$6,282,770
NYS Office of Mental Health (OMH)	\$2,133,235
Health Homes	\$395,492
Contributions and Fundraising	\$404,347
Endowment - Gains & Dividends	\$197,566
Other revenue	\$230,609
Total Revenue	\$30,463,406



Vanderheyden invested over \$500k in physical plant & technological improvements in 2023 -2024!

Expenses by Program

\$11,241,266 NYS Office of Children & Family Services (OCFS) NYS Office of People with Developmental Disabilities (OPWDD) \$7,372,246 NYS Education Department (SED) \$5,198,569 NYS Office of Mental Health (OMH) \$2,082,057 \$562,954 **Health Homes Administrative Expenses** \$2,714,402 \$341,671 Other Expenses **Total Expenses** \$29,513,165 **Net Income/Loss** \$950,242



Agency Expenses (Salary/Non-Salary)

Salary & Benefits
All Other Expenses
Total Expenses

\$23,359,374 \$6,153,791 **\$29,513,165** 79.15% 20.85%

712
Individuals &
Families Served

Empowering youth, adults and families to build brighter futures

For only \$18.33 a month.
You can make a difference!

SCAN & SUSTAIN







Celebrating the past & imagining more!

ANNUAL REPORT 2023 - 2024

Join our team today!

Apply online at: www.vanderheyden.org

PO Box 219 Wynantskill, NY 12198



